



What's On Tap?

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<http://socialdrinking.uchicago.edu>

CSDP: Continued Success & New Study Enrollment

With your help, the CSDP has recently completed its 12th successful year. Our study now includes approximately 300 participants actively contributing to our research across the U.S. and internationally. Participants in your cohorts range between 5 and 12 years of involvement with the study. We have successfully maintained greater than **98.1% follow-up interview completion** due to your continued dedication throughout this time. Congratulations to all for a follow-up rate which is truly unprecedented in the field!

Going forward, the CSDP continues to grow in an attempt to further expand upon our research determining how a

variety of drinkers respond to common substances. With that in mind, we have recently reopened the CSDP to enroll an additional cohort of participants into the study.

In order to match characteristics from your initial enrollment, these new participants will be 21-35 years old, have some past exposure to stimulants (like caffeine) or sedatives (like antihistamines), and drink alcohol at least several times per week.

Please spread the word if you know anyone who may be interested and eligible to join the CSDP by directing them to our updated study website at:

<http://socialdrinking.uchicago.edu/>



Director's Note

Welcome to our Summer 2016 issue of "What's On Tap?" In this issue, we cover news on our new enrollment of additional participants to CSDP as well as our continued follow-up success.



On the back, we bid farewell to our long-time follow-up coordinator, Lia Smith, who will be heading to Houston to pursue her doctorate in clinical psychology.

Finally, we report on the U.S. Surgeon General's visit to the University of Chicago, and the renewed discussion on the American prescription drug crisis.

As always, thank you for your continued participation, and enjoy the end of summer!

Dr. Andrea King, Principal Investigator

Upcoming Follow-Up Raffle!

We continue to reward follow-up survey completion by automatically entering participants who complete a follow-up interview by their scheduled due dates into a bi-annual follow-up raffle for a grand prize of \$100.00 in gift cards.

The next follow-up raffle will take place on:

November 1, 2016

Make sure to keep your contact information updated to receive notifications about this upcoming drawing (socdrink@uchicago.edu)

Winners will be notified via e-mail!



CSDP Bids Farewell to Lia Smith



Everyone at the CSDP would like to wish the best of luck to Lia Smith as she begins graduate studies in clinical psychology this fall at the Trauma and Stress Studies Center at the University of Houston.

Over the past 3 years, Lia has been a recognizable name and voice for many participants during our follow-up coordination. She has also played an integral part in the development of several lab protocols outside of the CSDP, and has spent many over-time hours preparing scientific manuscripts and presenting research findings at several national conferences.

Our lab recognizes those who go above and beyond by saying that they show *'The Eye of the*



Tiger' in their work. Lia has definitely personified that goal with her outstanding dedication to the lab and to the CSDP over the past 3 years. We have no doubt that she will continue to find great success in whatever she does as she continues toward her career goals. Best wishes, Lia!

CSDP Contact Information

Address:

5841 S. Maryland Ave.
Rm. L470, MC 3077
Chicago, IL 60637

Telephone: 773-834-3878

Fax: 773-702-0096

E-mail: socdrink@uchicago.edu

Web: socialdrinking.uchicago.edu

Principal Investigator

Andrea King, Ph.D.

Project Coordinator

Patrick McNamara

Study Physician

Jon Grant, MD, JD, MPH

Research Assistant

Patrick Smith

Kelsey Clayman

Former Staff

Lia Smith, Michael Palmeri,
Constantine Trela, Katie Foster,
Megan Conrad

Concerned about your drinking or substance use or about that of a friend or a family member?

Contact Dr. Andrea King (who is a licensed clinical psychologist) on a confidential basis, for suggestions or referrals at 773-702-6181

University of Chicago Welcomes U.S. Surgeon General



On August 10, 2016 the University of Chicago hosted Dr. Vivek Murthy, the 19th Surgeon General of the United States, and Senator Dick Durbin for a grand rounds presentation.

They joined the UChicago medical community to discuss the efforts to fight the American

prescription drug crisis. The distribution of opioid prescriptions has become a major issue in the state of Illinois. Opioid drugs (Vicodin, OxyContin, etc.) are a class of pain-reducing medications with similar properties to illicit opiate substances (such as heroin). These drugs can be very effective for pain management, but can lead to addiction when they are distributed without careful

oversight from the physician and the medical team.

Due to the legislative and public health elements surrounding this issue, it was worthwhile for UChicago providers to hear from both Senator Durbin and Dr. Murthy. Our medical community showed strong support for their visit, as the event was completely sold out.

